## **FACT Sheet**

# LOS ANGELES COUNTY DEPARTMENT OF CHILDREN AND FAMILY SERVICES MENTAL HEALTH TRANSITIONAL HOUSING PROGRAMS

#### What is the Mental Health Transitional Housing Program?

Youth with an Axis I mental health diagnosis are eligible to apply to this transitional housing program. The youth will reside in a safe and supportive 24-hour residence who have emancipated from care including the Foster Care and Probation System. There are three (3) mental health providers that provide services for this program. The capacity of this program is 50 beds. There is no cost to the youth for this program.

## **GOALS**

- The program provides a safe living environment while helping youth to develop life skills for successful independent living.
- It supports youth by providing stable housing and services such as mental health, substance abuse, education assistance, counseling, employment support and training, and case management.

### **TARGET POPULATION**

- DCFS & Probation Youth between the ages of 18 to 21.
- Independent Living Program (ILP) eligible youth.
- Youth that are homeless or at risk of being homeless
- Youth that can work or attend school/training.

#### **LENGTH OF PROGRAM**

• Youth may stay in transitional housing for up to thirty-six (36) months, if they enter at 18 years of age.

## **HOUSING**

The youth will be provided with private or shared bedroom with no more than two (2) persons per bedroom.

### PROGRAM DESCRIPTION

Former foster youth and probation youth are provided the following services: case management, 24-hour residential supervision, crisis intervention, security, meals, restrooms

and showers. Youth will be required to have weekly or bi-weekly contact with their case manager.

## **TRAINING**

The goal of the independent living skills training is to assist the youth become self-sufficient and independent. Youth participation is required in independent living skills training course to include, but limited to: employment and education support, money management, meal planning and basic living skills.

### **APPLICATION PROCESS**

Youth can apply to the transitional housing programs simply by completing the transitional housing and the ILP Verification Form. All youth will be screened and interviewed prior to acceptance into the program. It is recommended that youth apply to multiple housing programs.

## **ADDITIONAL INFORMATION**

For additional information, please contact the following Youth Development Services Division staff:

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