

## ABOUT US

We Exist is a Los Angeles County DMH-funded program dedicated to expanding access and improving services for Lesbian, Gay, Bisexual, Transgender, Questioning, Intersex, and Two Spirit (LGBTQI2-S) transition age youth and their families/caregivers.

*We Exist serves the:*

- \*Antelope Valley*
- \*San Fernando Valley*
- \*West L.A.*
- \*South Bay/Harbor Cities*

## CONTACT

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TARZANA TREATMENT CENTERS

# We Exist

**Improving services  
and expanding access  
for Lesbian, Gay,  
Bisexual, Transgender,  
Questioning, Intersex,  
and Two Spirit  
(LGBTQI2-S) youth!**

## LGBTQI2-S SUPPORT GROUPS

We Exist offers peer-run support groups for LGBTQI2-S transition age youth and their family members/caregivers.



### **\*TAY Peer Support Group\***

A weekly group for youth ages 16-25 discussing LGBTQI2-S identity formation, coming out, healthy relationships, safer sex, stigma and discrimination, mental and physical health, and more.

### **\*Family/Caregiver Support Group\***

A weekly group for family members and caregivers to assist them in supporting LGBTQI2-S loved ones. This group discusses LGBTQI2-S identity and terminology, coming out, stigma and discrimination, bullying and harassment, suicide prevention, and mental and physical health, and more.



*Jazana Treatment Centers*  
provides free services  
for LGBTQI2-S  
transition age youth  
and their families/  
caregivers in the  
Antelope Valley,  
San Fernando  
Valley, West LA,  
and South Bay/  
Harbor Cities!

*Outreach & Referrals  
Support Groups  
Toolkit Trainings  
Community Presentations*

## LGBTQI2-S TOOLKIT TRAINING

We Exist's Toolkit Training gives service providers and community organizations an overview of critical issues facing LGBTQI2-S youth across Los Angeles County and provides strategies for creating more inclusive and affirming services for LGBTQI2-S clients.

*This training covers:*

- \* Safe & Welcoming Environments*
- \* Clinical Considerations & Interventions*
- \* Outreach & Engagement Support & Strategies*

## COMMUNITY PRESENTATIONS

We Exist provides presentations to community groups to increase awareness of issues relevant to today's LGBTQI2-S youth.

*Topics include: LGBTQI2-S Terminology, Coming Out, Stigma & Discrimination, Bullying, Suicide Prevention, STI & HIV Prevention, Intimate Partner Violence, Substance Use Disorders*