



MENTORSHIP PROGRAM

WHAT WE DO

Spirit Awakening Mentorship is a weekly program for at risk youth ages 13-24 that offers a unique blend of supportive services including; spiritual & professional counseling, peer-to-peer mentorship, tutoring, job preparation, financial aid, creative arts, meditation and cultural enrichment. Topics range from creative writing, wellness, entrepreneurship, entertainment and mindfulness to inspire youth to realize their spiritual identity, find their voice and heal trauma in a safe and supportive space. Each week, a delicious meal is provided and all are welcome.

WHY MENTORSHIP

90%

Of young people who have had a mentor hold a more positive view of their future.

87%

Of young people who have had a mentor feel more confident.

78%

Of young people who have had a mentor are less likely to use drugs and alcohol.

76%

More likely to aspire to enroll in and graduate from college than those who did not have a mentor.

OUR FORMULA

WELLNESS PROGRAMMING

Mindfulness and wellness are fundamental to the mentorship program. During each session, facilitators offer guided meditation, mindfulness practices and discuss a range of wellness topics.

DEVELOPMENTAL WORKSHOPS

Workshop topics range from creative writing, resume building, website development, interview skills, entrepreneurship, entertainment, financial literacy and much more.

EMOTIONAL SUPPORT

Our trained staff and facilitators hold a safe space for open sharing and weekly check-ins with all youth. Facilitators provide support for youth through their successes and challenges, and offer resources that can help.

CAREER AND ACADEMIC GUIDANCE

We offer tutoring, career guidance and resume support to build literacy, provide job preparation and support youth to graduate from high school and matriculate into higher education.